



HORAIRES / OPENING TIMES

10h - 20h / 10am - 8pm

Le Spa NUXE est ouvert à tous, tous les jours, de 10h00 à 20h00.

Durant la saison hivernale, l'espace aquatique dédié est celui de l'hôtel Le Kaïla \*\*\*\*\*.

Il comprend un bassin de nage avec parcours aqua-marin, grotte jacuzzi, geysers, nage à contre-courant, sièges massants, un sauna, un hammam, un espace de repos et un bar.

Cet espace est réservé à la clientèle de l'hôtel le Kaïla \*\*\*\*\* et aux personnes bénéficiant d'une entrée bien-être hiver.

Durant la saison estivale, l'espace piscine dédié est celui de l'hôtel La Chaudanne \*\*\*\*.

Il comprend un bassin avec sièges hydro-massants, un sauna, un hammam et une terrasse solarium.

Cet espace est réservé à la clientèle de l'hôtel la Chaudanne \*\*\*\* et aux personnes bénéficiant d'une entrée bien-être été.

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All are welcome the "Spa Nuxe". We are open 7 days a week from 10am to 8pm.

The five star Le Kaïla \*\*\*\*\* Hotel boasts its very own dedicated aquatic treatment area from December to April.

A pool with an aquamarine course, a Jacuzzi, geysers, a counter current swimming system, massage chairs, a sauna, a Turkish bath, a relaxation area and a bar will be at your full disposal.

The area is reserved for guests of Le Kaïla \*\*\*\*\* hotel and holders of a "winter wellness pass".

During the summer season, the four star La Chaudanne Hotel provides the dedicated aquatic area. The facilities you will be able to enjoy are a swimming pool, hydro-massage chairs, a sauna, a Turkish bath and a solarium terrace.

This area is reserved for guests of La Chaudanne \*\*\*\* hotel and holders of a "summer wellness pass".

NUXE

## Massages

30 min

### **PRODIGIEUX®** 80€

A relaxing massage targeting the shoulders, back and nape of the neck, for a well-being sensation.

### **CRANIEN CHARISMATIC®** 80€

The guarantee to switch-off, thanks to this head massage designed to relax the whole of the body.

45 min

### **DEEP TISSUE®** 130€

Intense, relaxing motions that skilfully address any areas of tension.

### **DETOX®** 110€

Massage targeting the legs and stomach to promote a unique sensation of lightness.



### **RELAXATION®** 110€

A moment of pure relaxation thanks to the gentle, encircling massage technique.



*Children age 6 to 12:  
with adult supervision only.*

## Massages

NUXE



NUXE

## Massages

1h15

### DEEP TISSUE® 190€

Intense, relaxing motions that skilfully address any areas of tension.

### AYURVEDIC® 160€

Tonifying movements and foot reflexology using a Kansu bowl to encourage energy to circulate.

### CALIFORNIEN® 160€

A choreography of fluid, sweeping movements: the ultimate in relaxation.

1h30

## Massages

### Our signature treatment

#### KAILA®

190€

This relaxing body and face massage is ideal after a long day in the outdoors.

Allow yourself to be carried away by the deep massage and muscular stretches accompanied by hot towels and heat pads. The body is then relieved of all its fatigue.

### DEEP TISSUE® 220€

Intense, relaxing motions that skilfully address any areas of tension.

### RELAXATION® 190€

A moment of pure relaxation thanks to the gentle, encircling massage technique.

### HOT STONES 190€

A massage inspired by ancestral rites involving hot stones.

Release fatigue and stress from the body.

NUXE

# NUXE

## Face Care

*Emblematic NUXE treatments  
combining the force of nature  
with the effectiveness of science.*

### IMMEDIATE GLOW TREATMENT - 30 min \_\_\_\_ 80€

This express treatment is the fast track to a healthy complexion, combining a scrub and mask.



### FONDAMENTAL TREATMENT - 45 min \_\_\_\_ 110€

The secret to fresh, luminous skin: cleansing, an exclusive scrub (with flowers, fruits, foliage and fibres), mask and finally sculpting with Huile Prodigueuse.

### EXCEPTION TREATMENT - 1h15 \_\_\_\_ 160€

This bespoke treatment (cleansing, exfoliation, mask, sculpting) pairs targeted manual techniques with specially selected accessories to help your skin radiate beauty.

1h15

## Body Care

### RÊVE DE MIEL BODY TREATMENT \_\_\_\_ 160€

The ultimate in cocooning to soothe dry skin, featuring an exclusive, aromatic scrub and nourishing, encircling sculpting techniques.

### HAND BEAUTY

### POLISH APPLICATION \_\_\_\_ 160€

After a subtle scrub and nail polishing and filing, your hands are soothed before varnishing is applied... A divine moment.

### FOOT BEAUTY

### POLISH APPLICATION \_\_\_\_ 160€

Your feet deserve the best care. So entrust them to us and we will give your a pretty pair.

# NUXE



# NUXE

## Holistic anti-ageing face treatments

**Balanced skin, balanced mind,** envisioned as a truly sensory journey, these original experiences are punctuated by sensory stimuli that guide the mind towards equilibrium. Alive with radiance, the skin appears younger and more luminous, reflecting gorgeously balanced beauty.

### HOLISTIC YOUTHFUL RADIANCE TREATMENT - 1h 185€

Initiate yourself to a unique balance universe with this global antiageing face treatment which leaves your skin looking gorgeously beautiful and glowingly youthful. Your mind will feel equally harmonised, thanks to the soothing vibrations of the crystal singing bowl, and breathing exercises inspired by the Sophrology method.

### HOLISTIC YOUTH ENHANCING TREATMENT - 1h30 260€

This expert face treatment invites you to let go by combining breathing exercises inspired by Sophrology and soothing vibrations of a crystal singing bowl. After a full-face treatment, your NUXE Spa expert will use her fingers to choreograph a «lifting» effect, sculpting volume and smoothing your features to leave your complexion glowing and serene.

Le 32 Montorgueil

Exclusive to NUXE Spas

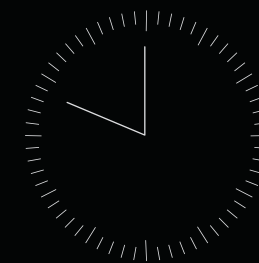


# result SPA

# 100%

RESULTS

## Expert collagen Treatment



30 min

**INSTANT GLOW TREATMENT 110€**  
with plumping collagens

1h15

**OPTIMAL MOISTURISING TREATMENT 190€**  
with plumping collagens  
and three hyaluronic acids

1h30

**NEW YOUTH INTENSIVE TREATMENT 220€**  
with plumping collagens and retinol



# NUXE

## Escapade

### PRODIGIEUSE ESCAPADE\* - 1h30 \_\_\_\_\_ 210€

Fundamental face treatment - 45 min

NUXE Massage® of your choice (except Deep) - 45 min

### SWEETNESS ESCAPADE\* - 2h \_\_\_\_\_ 260€

Exception face treatment - 1h15

NUXE Massage of your choice (except Deep) - 45 min

### SERENITY ESCAPADE\* - 2h30 \_\_\_\_\_ 300€

Exception face treatment - 1h15

NUXE Massage of your choice (except Deep) - 1h15 min

#### BOOKING & CANCELLATION:

Full payment is due when you make your appointment.

A refund or re-schedule can be possible, only if 24 hours' notice is given prior to your appointment.

#### ARRIVAL:

If you arrive late for your appointment the duration of the treatment may be reduced by the same amount of time out of consideration for those who have booked subsequent appointments. We ask that you arrive 15 minutes before your treatment time to ensure that appointments can run punctually.

#### CHANGING ROOM:

For your comfort we will provide individual lockers in the changing rooms. Each locker contains a dressing gown, a pair of slippers and single-use underwear.

#### HEALTH & SAFETY:

Please let us know when making your booking of any relevant health considerations (such as pregnancy, hypertension, asthma, allergies, etc.). This is required to allow us to provide a service suited to your needs.

#### GIFT VOUCHERS:

An unforgettable break at Le Kaïla Hotel's Nuxe Spa makes for a best gift for any occasion.

Gift vouchers can be purchased at the spa or online on the website. They are made out to a specific named individual, are non-refundable and cannot be exchanged. The term of validity is indicated on the voucher.

#### SPA STORE:

All Nuxe, 32 Montorgueil and Resultime products are on sale in our spa. You will also find a wide range of related products, such as Villebrequin and more.



Booking or print  
your "Gift voucher"  
online:

[www.cadeaux-kaila.com](http://www.cadeaux-kaila.com)

\*Escape offer valid for one person only



# NUXE

## Epilations

### LÈVRE

Upper lip

20€

### SOURCILS

Eyebrow

25€

### AISELLES OU MAILLOT SIMPLE

Underarm or Bikini

30€

### DOS OU TORSE

Back or Chest

60€

### DEMI-JAMBES OU BRAS

Half legs or Arms

45€

### JAMBES COMPLÈTES

Full legs

60€

### MAILLOT BRÉSILIEN

Brazilian Bikini

45€

### MAILLOT INTÉGRAL

Full Bikini

60€

### TEINTURE SOURCILS

Eyebrow dye

25€

### TEINTURE CILS

Eyelash dye

40€





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